

CONSENT FORM

Great Himalaya Trail (GHT) Nepal Expedition
Organized by: Everest Women Trek & Expedition
Location: Across 20-25 districts in Nepal

PARTICIPANT DETAILS

- Full Name: _____
 - Date of Birth: _____
 - Nationality: _____
 - Passport/ID Number: _____
 - Emergency Contact Name: _____
 - Emergency Contact Number: _____
 - Medical Conditions (if any): _____
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ACKNOWLEDGMENT OF RISK & RESPONSIBILITY

I, _____, voluntarily agree to participate in the Great Himalaya Trail (GHT) Nepal Trek, organized by Everest Women Trek & Expedition. I fully understand and acknowledge that:

1. Inherent Risks
 - The trek involves high-altitude trekking, extreme weather conditions, physical exertion, and possible health hazards such as altitude sickness, dehydration, and injuries.
 - There may be limited access to medical facilities along the trekking route.
2. Medical & Insurance Requirements
 - I confirm that I am physically fit and medically capable of undertaking this trek.
 - I understand that I must have mandatory travel insurance, covering medical emergencies, high-altitude evacuation, and accidental injuries.
 - I agree to disclose any pre-existing medical conditions to the organizers.
3. Personal Responsibility
 - I agree to follow safety instructions, abide by local laws and customs, and respect the environment and communities along the trek.
 - I am responsible for my own gear, expenses, and health precautions during the trek.
 - I understand that in remote regions, there may be delays in emergency rescues due to weather and geographical challenges.

4. Liability Waiver
 - I release Everest Women Trek & Expedition, guides, and organizers from any liability for injuries, accidents, or loss of property during the trek.
 - I understand that the organizers will make necessary safety arrangements, but they cannot guarantee complete safety in unpredictable conditions.
5. Cancellations & Refunds
 - I understand that cancellations are non-refundable, except under extreme medical emergencies.
 - The organizers reserve the right to alter the itinerary due to weather, safety concerns, or unforeseen circumstances.
6. Environmental & Ethical Commitment
 - I pledge to follow Leave No Trace principles, avoid littering, and respect local culture and wildlife.
 - I will act responsibly to minimize environmental impact and support local communities.

DECLARATION & SIGNATURE

I,, have read and understood the terms of this consent form. I voluntarily agree to participate in the Great Himalaya Trail (GHT) Nepal Trek, assuming all associated risks.

- Participant's Signature: _____
- Date: _____

For Participants Under 18:

- Guardian's Name: _____
- Guardian's Signature: _____